

How to Help

Hands- On

1. Get down to their level
2. Help them with every step before they have a chance to make a mistake
3. Do the entire process with them
4. View it as a lesson to teach

Watcher

1. Watch them complete the steps
2. Assess to see if they know what they are doing
3. Provide verbal pointers and tips as they go
4. Nod and affirm them as they complete the task

Cheerleader

1. Cheer them on with verbal praise and affirmation
2. Assure them they can do it
3. Thank them for being independent
4. Allow more responsibility (& privileges) because they learned it